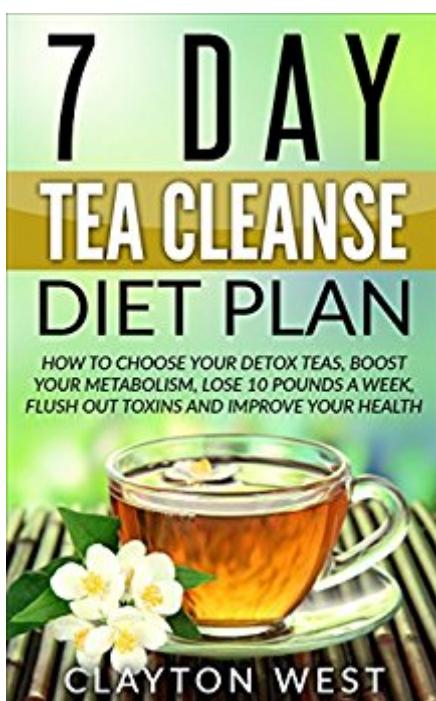


The book was found

7 Day Tea Cleanse Diet Plan (FREE BOOK INSIDE): How To Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds A Week, Flush Out Toxins And Improve Your Health



Synopsis

You are about to discover proven strategies on how to choose your own Detox regimen to boost your metabolism, lose weight as well as flush out the toxins in your body. The potent powers of tea are known and experienced worldwide. Studies carried out across the entire world have shown that tea has the ability to lower the risk of heart disease and stroke, lower your blood pressure and to stimulate you mentally. In addition, tea can also help you to keep your weight down and your energy levels up. This book will tell you how to use the tea cleanse diet to jump-start your metabolism and lose up to 10 lbs. in just one week. It also includes a few recipes to try, recipes that will give you the idea of what foods to eat while you are on the 7-day tea cleanse and afterward. Because you will be eating real food and healthy smoothies as well, you won't get the hunger pangs that so often accompany detox diets and you will be getting all the nutrients and vitamins that your body needs.

What's included in this book:

- Why choose Tea Cleanse
- How Tea Cleanse Works
- The Principles of the Tea Cleanse
- What are Toxins?
- Detoxification for Rejuvenation
- How Boosting your Metabolism through Tea Cleanse helps You Lose Weight
- 7-Day Tea Cleanse Plan
- Many Recipes
- And much more!

Download your copy NOW! Click the buy button!

Tags: tea cleanse diet, tea cleanse for weight loss, tea cleanse detox, metabolism, boost, detox tea

Book Information

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Customer Reviews

I read and tried this tea tox. It really works. I'm still currently drinking my teas everyday and its helping me to regulate my weight. I'll recommend it to anyone.

I'm looking forward to starting my cleanse. I'm not too sure about some of the recipes since I don't eat cheese so I plan to prepare my own healthy food using my indoor grill and crock pot.

I would like to see serving size in each recipe and how many serving each recipe makes. Are all teas made the same way? Are teas to be made without sweeteners or milk?

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Tea Cleanse: 7 Day Tea Cleanse Diet Plan: How To Choose Your Detox Tea's, Shed Up To 10 Pounds a Week, Boost Your Metabolism and Improve Health (Tea Detox, ... Body Cleanse, Detox Tea, Flat Belly Tea) 7 Day Tea Cleanse Diet Plan (FREE BOOK INSIDE): How to Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds a Week, Flush out Toxins and Improve Your Health High Metabolism Diet: How To Transform Your Body Increasing Your Metabolism(Free Checklist Included)[Metabolism Diet, Metabolism Cookbook, Metabolism Book Metabolism Diet Cookbook, Metabolism Miracle] Sugar Detox: Beat Sugar Cravings Naturally in 30 Days! Lose Up to 15 Pounds in 14 Days, Increase Energy, Boost Metabolism! (Sugar Free Diet, Sugar Detox ... 30 Day Detox, Weight Loss and More Energy) Sugar Detox: How to Cure Sugar Addictions, Stop Sugar Cravings and Lose Weight with Sugar Detox Easy Guide (Include Sugar-free Recipes to Help You Get ... free Recipes, Detox Diet, Detox Cleanse) The Liver Cleanse and Detox Diet: Ultimate Liver Cleansing Guide to stay Healthy and Lose Weight! (fatty liver, healthy diet detox, liver disease, cleanse ... fat loss, detox diets, healthy cooking,) 14-day Zero Sugar detox diet: Sugar detox diet for beginners to Increase energy, smash cravings and lose weight.: Sugar detox diet for beginners to Increase energy, smash cravings and lose weight. ATI TEAS Test Study Guide 2017: ATI TEAS Study Manual with ATI TEAS Practice Tests for the ATI TEAS 6 The Two Week Transformation Detox Diet Book: Lose a Pants Size in Two Weeks! Detox Diet Plan for Quick Weight Loss and Health HCG Diet: HCG Diet Plan: HCG Diet Cookbook with 50 + HCG Diet Recipes and Videos - HCG Diet for Beginners: HCG Diet Plan - Follow HCG Diet Plan (HCG ... HCG Diet for Beginners,

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